

Inspection of Fit 4 Future School Holiday Club

All Saints School, Upper Beulah Hill, London SE19 3LG

Inspection date:

15 February 2022

**The quality and
standards of early
years provision**

**This
inspection**

Met

Previous
inspection

Not applicable

What is it like to attend this early years setting?

This provision meets requirements

Children enjoy attending the club where they have fun and make new friends. Their physical health and mental well-being are the focus of the club through a range of exciting activities. Children develop secure relationships, and the enthusiastic staff care for them well. This helps them to feel safe and secure. Children learn the importance of being physically active to support a healthy lifestyle. During an exercise session, they confidently do star jumps and practise squats. After rigorous exercises, children relax while staff take them through a gentle yoga session. They stretch out their bodies and focus on their breathing by putting their hand on their chest to feel their heartbeat. Children are keen to support others as they demonstrate safe ways of doing exercises. The environment is inclusive because staff are skilled at encouraging all children to join in, which supports their sense of belonging.

Children feel respected by staff, who listen to and value their opinions. This creates a sense of appreciation. During the welcome session, children talk about the club rules which they have helped to create. Interesting discussions take place about how negative behaviour can impact on others. Children take turns to explain what the rules mean to them, such as why it is not safe to share food. Staff listen to children's views and use the opportunity to re-enforce key safety messages. As a result, children behave well within a harmonious environment.

What does the early years setting do well and what does it need to do better?

- Leaders and managers are good role models and show strong leadership skills by modelling good practise. The well-organised programme of activities means that sessions run smoothly and staff are clear about their roles and responsibilities. Interactions with children are relaxed, fun and respectful. Staff work well as a team and support each other. They make the welcome session fun by joking with the children, which helps them to feel at ease.
- Children form good friendships and enjoy each other's company. They converse happily together as they take part in games and activities. Children say that they enjoy attending the club. They like the coaches and the range of activities. Children on their first day proudly explain that they were a bit anxious, but they soon settled and have already made friends.
- Children experience a good range of physical activities. Games such as bench ball help them to develop their coordination skills and work as a team. Staff encourage children to be sensitive to the needs of others if their team does not win.
- Parents are very happy with the service provided. They say that their children are keen to attend and come home exhausted, which is the sign of a good day.

Parents feel that the staff are friendly and approachable. They particularly like how staff manage handovers to support children's safety and security. Leaders and managers use feedback from parents and children to support the evaluation process and consider how to improve the club in the future.

- Children are keen to participate in creative activities such as drawing and mask making. They roar as they hold up animal masks and giggle as their friends copy them. However, staff do not prepare some creative activities well. For example, some resources, such as pens and glue sticks, have dried out. This can leave children disappointed as they are unable to complete their work to their satisfaction.
- Staff support children to follow good hygiene practices, such as washing their hands prior to meals and snacks. Children understand the routines and remember to tell a member of staff when they are going to go to the toilet, to support their safety and security.

Safeguarding

The arrangements for safeguarding are effective.

Staff are alert to indicators that a child may be at risk of harm. They know the correct procedures they should follow if they have concerns about a child's safety or welfare. Leaders and managers ensure that all staff receive safeguarding training as part of their induction process. They use effective arrangements to ensure staff are suitable to work with children. Staff are vigilant about children's safety and security. They have regular discussions with children about how to keep themselves safe so that their time at the club is enjoyable.

Setting details

Unique reference number	2605914
Local authority	Croydon
Inspection number	10219626
Type of provision	Childcare on non-domestic premises
Registers	Early Years Register, Compulsory Childcare Register, Voluntary Childcare Register
Day care type	Out-of-school day care
Age range of children at time of inspection	4 to 11
Total number of places	49
Number of children on roll	73
Name of registered person	Fit 4 Future Foundation
Registered person unique reference number	2588519
Telephone number	02038026909
Date of previous inspection	Not applicable

Information about this early years setting

Fit 4 Future School Holiday Club registered in 2020. It operates from All Saints Primary School in Upper Norwood, in the London Borough of Croydon. The club opens Monday to Friday from 9am to 5pm during all school holidays, except the Christmas holiday period. The provider employs eight staff to work with children. Some staff, including the provider and the manager, hold physical education teaching qualifications.

Information about this inspection

Inspector

Laura Brewer

Inspection activities

- This was the first inspection the provider has received since the COVID-19 pandemic began. The inspector discussed the impact of the pandemic with the provider and has taken this into account in their evaluation of the setting.
- The manager and the provider showed the inspector around the premises. They discussed how the club is organised and the experiences they provide for children.
- Staff, parents and children shared their views with the inspector at appropriate times during the inspection. The inspector observed various activities both indoors and outdoors.
- The inspector discussed issues such as safeguarding procedures, staff recruitment and training with the provider.
- The inspector looked at some of the club's documents, including safeguarding policies and evidence of staff suitability checks.

We carried out this inspection under sections 49 and 50 of the Childcare Act 2006 on the quality and standards of provision that is registered on the Early Years Register. The registered person must ensure that this provision complies with the statutory framework for children's learning, development and care, known as the early years foundation stage.

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